

## Primary Survey\*

If the victim does not respond:

- Check their airway.
- Look, listen, and feel (breathing).
- Check for circulation.
- Provide rescue breathing/CPR.
- Control any bleeding.
- Treat for shock.

If the victim responds:

- Tell them your name.
- Tell them you know first aid.
- Ask if you can help.
- Control any severe bleeding.
- Determine level of consciousness, awareness, and orientation.
- Complete a secondary survey.
- Provide the appropriate first aid.
- Treat for shock.

## Secondary Survey\*

- Ask victim what happened.
- Ask how they are feeling.
- Ask if they feel pain. Where?
- Ask what led up to the problem.
- Ask if they have a condition or if they took/skipped medication.
- Ask when they last ate.
- Check respiration.
- Check pulse rate.
- Check skin condition.
- Check head and neck for injury.
- Check chest and back for injury.
- Check abdomen for injury.
- Check extremities for injury.
- Perform a 5-minute neuro exam if you suspect a scuba diving injury, nervous system injury, or stroke.

## 5-Minute Neurological Exam Summary\*

**Orientation.** Determine level by how they respond to questions.

**Eyes.** The eyes should track smoothly in all directions and should not jerk from side to side. Check the victim's peripheral vision. See if the pupils are equal in size and respond to light.

**Forehead.** Check that feeling is present and if it is equal on both sides.

**Face.** Check to see if the victim can pucker their lips and smile. Note if there is a difference in facial muscles. Ask them to clench their teeth. Feel jaw for equal muscle strength. Check for skin sensation.

**Ears.** Ask if their hearing is abnormal. Check their hearing for each ear.

**Gag reflex.** Ask the victim to swallow, watch their "Adam's Apple."

**Tongue.** It should come out straight, in the middle of the mouth.

**Shoulders.** Note if there is a difference in strength. Check the skin for sensation.

**Arms.** Note if there is a difference in strength. Check for skin sensation.

**Chest.** Check for skin sensation.

**Lower extremities.** Have them walk on their heels and then return walking on their toes.

*\*Greater detail can be found in NAUI's First Aid textbook.*